

THE NEW “SOLO” TRAVEL

Travel workshops are sort of like study abroad for grown-ups. Learn a skill and find your creative soul mates on one of these trips led by lifestyle influencers.

BE A MAKER

The School (@theschoolinstagram), in Sydney, was founded by stylist Megan Morton for those of us who, simply put, want to create beauty. In addition to classes like ceramics and candle making, it offers multi-day creativity-sparking trips. Try the [School Excursion to India](#), a five-day R and R retreat in Jaipur that focuses on jewelry designing, book-binding, and, during an optional Pushkar add-on, perfume making (October 2017; theschool.com.au).

BECOME A FOOD CREATIVE

Imen McDonnell and Cliodhna Prendergast, both cooks and writers, founded Lens & Larder (@lensandlarder) to teach visual storytelling through the lens of Ireland's artisanal food scene. They secure memorable locations (a boutique hotel, a bucolic farmstead) and partner with top-notch photographers, stylists, and writers. If you don't mind the short lead time, the four-day [Capturing a Connemara Travel & Food Story](#) workshop in Ireland, with photographer Ditte Isager and travel and food writer David Prior, happens this month. Check the website for future workshops (lensandlarder.com).

BE A BON VIVANT

The three-day workshops led by cookbook author Mimi Thorisson (@mimithor) in her home in France's Médoc are big on food, wine, and joie de vivre. In the [Early Summer Workshop](#), you'll "meet in the mornings, cook lunch, have it together, drink a little too much, then start again for dinner," says Thorisson (May 2017; mimithorisson.com).

LEARN FLORAL DESIGN

You'll create flower arrangements from seasonal heirloom blooms at three-day workshops by Floret (@floretflower) in Mount Vernon, Washington, as well as get tips on how to operate a flower farm. Workshops, like this spring's [Flower Farming Intensive](#), sell out quickly. Check the website for summer and fall options (floretflowers.com).

ATTEMPT TO SLOW DOWN

Brainchild of Beth Kirby (of lifestyle blog Local Milk) and her husband, Matt Ludwikowski (a coffee entrepreneur and writer), L/M Retreats (@local_milk) gives travelers a chance to shift to a slower pace, sample authentic regional dishes, connect with local creatives—and learn photography and styling skills. The nine-day [Onsens & Post Towns: A Wabi Sabi Escape](#) to rural Japan this November is wait list only, but additional retreats to the Faroe Islands and Spain's Formentera are in the works (localmilkretreats.com).

HONE YOUR KNIFE SKILLS

If your call to create is a bit more primal, go to [Meat Camp](#), hosted by sustainable-meat company Belcampo (@belcampomeatco). During a three-day Pro workshop at its farm in the foothills of Northern California's Mount Shasta, you'll sleep in luxury tents and learn open-fire cooking, sausage making, and butchery (August 2017; belcampo.com). F.W.



© This page, from left: An offering of herbs and flowers to the goddess Pachamama; saddled and ready to make the trek into the mountainous Qeros land.